



**CAFÉ LIDO**  
RESTAURANT & BAR



# SUNDAY LUNCH

## LIDO STARTERS

**NEW King Prawns & Chorizo** £7.95  
(690 kcals)  
Fried with tomato, lemon and flat parsley, served with garlic toast.

**Crispy Buttermilk Chicken Strips** £6.95  
(599 kcals)  
Served with a sweet chilli dipping sauce.

**NEW Sweet & Sticky Pork Belly Bites** £6.95  
(577 kcals)  
Served with a soy, honey and sweet chilli sauce.

**NEW Marinated Vegan Mozzarella Salad** £6.95  
(248 kcals) **VG**  
Marinated vegan mozzarella, olives, and cherry tomato, served on a bed of mixed leaves and topped with garlic croutons and a balsamic dressing.

**NEW Sweet Potato Falafel** £6.95  
(376 kcals) **VG**  
Served with a lemon and mint yoghurt.

**Calamari** £6.95  
(538 kcals)  
Lightly fried crispy coated calamari served with pea shoots and a garlic aioli dip.

**Honey BBQ Chicken Wings** £6.95  
(732 kcals)  
Chicken wings marinated in buttermilk, then dusted in a spicy flour and deep fried, finished in a honey BBQ sauce topped with spring onions.

## LIDO GRILL

**Chicken & Sticky Pork Belly Bites Combo** £15.95  
(1491 kcals) **GF**  
Sweet and sticky pork belly bites plus a grilled chicken breast served with skin-on fries, corn on the cob and house slaw.

**Hunters Chicken Melt** £12.95  
(1199 kcals) **GF**  
Grilled BBQ chicken breast topped with bacon, barbecue sauce and melted cheese served with chips and house slaw.

**10oz Rump Steak 28-Day Aged** £16.95  
(957 kcals) **GF**  
Served with chips, mushroom and half a grilled tomato.

**Add Peppercorn Sauce** (205 kcals) £2.45  
**Add Blue Cheese Sauce** (274 kcals) £2.45  
**Add Chimichurri Butter** (155 kcals) £2.45

## SALADS

**NEW Panzanella Salad** £9.95  
(344 kcals) **V**  
Gem lettuce, olives, croutons, roast peppers, basil and Parmesan.

**Add Grilled Chicken** (113 kcals) £3.00  
**Add Goats Cheese** (279 kcals) **V** £3.00  
**Add King Prawns** (211 kcals) £3.00

## SUNDAY CARVERY

**From 12pm till it's gone...** A choice of meats served with homemade Yorkshire puddings and gravy. Help yourself to a selection of seasonal vegetables, roast potatoes and cauliflower cheese. *Vegetarian option available.*

**Adults** £13.95  
**Kids** £7.95

## LIDO TRADITIONAL FAVOURITES

**NEW Baked Gnocchi** £13.95  
(904 kcals) **V**  
In a tomato & basil ragu with baby mozzarella and pesto, served with garlic bread.

**Add Chorizo** (134 kcals) £3.00  
**Add Chicken** (113 kcals) £3.00

**Fish & Chips** £13.95  
(865 kcals)  
Freshly battered fish served with chips, garden peas and tartare sauce.

**Homemade Lasagne** £12.95  
(1175 kcals)  
Layers of pasta with Bolognese and creamy béchamel, served with garlic bread.

**NEW Southern Fried Chicken Schnitzel** £13.95  
(1217 kcals)  
Served with buttered mash, spring greens, gunpowder corn, and Southern-style chicken gravy.

**NEW Vegan Spaghetti Carbonara** £14.95  
(1142 kcals) **VG**  
Vegan pancetta, portobello mushrooms and baby spinach served on a bed of spaghetti.

## LIDO BURGERS

**Cheese & Bacon** £11.95  
(1243 kcals)  
Tender flame-grilled 6oz burger with American cheese and streaky bacon.

**Falafel & Spinach** £12.95  
(909 kcals) **VG**  
Falafel and spinach burger with sweet pickled red onion, and mint yoghurt.

**Beef Double Stack** £17.95  
(1961 kcals)  
Two flame-grilled 6oz burgers topped with Swiss cheese, onion jam, and pickles. Only for the brave!

**Cajun Chicken Burger** £12.95  
(1409 kcals)  
Cajun marinated grilled chicken fillet, American cheese and a chilli and lime mayo.

## LIDO SIDES

**Dirty Fries** £6.95  
(726 kcals) **GF**  
Skin-on fries smothered in cheese sauce, spring onions and bacon bits.

**Add Pulled Pork** (129 kcals) £2.00

**Burger Dirty Fries** £8.95  
(1204 kcals)  
Skin-on fries smothered in cheese sauce, crumbled burger patty, fried onions and burger sauce.

**Garlic Bread** (569 kcals) **V** £3.95

**Garlic Bread & Cheese** (731 kcals) **V** £4.95

**Sweet Potato Fries** (510 kcals) **GF** £4.95

**Skin-On Fries** (488 kcals) **GF** £3.95

**Giant Onion Rings** (499 kcals) £3.45

**Mac & Cheese Pot** (696 kcals) **V** £3.95

**Chunky Chips** (508 kcals) **GF** £3.95

**Side Salad** (71 kcals) **VG** £2.95  
With balsamic dressing.

## LIDO DESSERTS

**Local Sussex Brownie** £5.95  
(689 kcals) **V**  
Served with Sussex vanilla ice cream and finished with Belgian chocolate sauce.

**NEW Apple & Berry Crumble** £5.95  
(354/403 kcals) **V**  
Served with vanilla custard or Sussex vanilla ice cream.

**Vegan Sticky Toffee Pudding** £6.95  
(469 kcals) **VG**  
Served with rich vegan toffee sauce and vegan honeycomb ice cream.

**Lemon Tart** (364 kcals) **V** £5.95  
Served with a sweet berry compote.

**NEW Chocolate & Cherry Torte** £6.95  
(397 kcals) **GF VG**  
With a torte biscuit base, served with a cherry compote.

**3 Scoops of Sussex Ice Cream** **V** £3.95  
Choose from Vanilla, Chocolate, Strawberry or Salted Caramel  
(Ask a Team member for calorie information)

**V Vegetarian**

**VG Vegan**

**GF Gluten-Free**

Our menu descriptions do not include all ingredients. If you have a food allergy, please speak to a member of our team before placing your order. We follow good hygiene practices in our busy kitchens, but unfortunately we cannot guarantee that any of our dishes are completely free of allergens. Products are subject to availability. The nutritional values provided are for each complete dish as listed on the menu. Figures are typical and may vary due to seasonal factors and chef practices. 2,000 calories a day is used for general nutritional advice, but calorie needs vary. Additional nutritional information available upon request. Prices include VAT.