## THE MEDMERRY

COASTAL KITCHEN | BAR & TERRACE

Pontoon Seaweed lighthouse
Rocks Foat Harbour Boardwalk

### BREAKFAST MENU

Knot

Tether Compass Marsh Bunting Marina Shells Rudder

# Order, Dine, Enjoy

### SERVED UNTIL 11:00

#### BIG BREAKFASTS £5.95 Full English Breakfast Farmhouse sausage, bacon, either a fried, scrambled or poached egg, hash brown, baked beans and toast. (922 kcals) The Big Full English £11.95 Two farmhouse style sausages, two bacon rashers, two free range eggs either fried, scrambled or poached, two hash browns, black pudding, baked beans, mushroom, tomato and toast. (1592 kcals) £8.95 Veggie Breakfast Two free range eggs either fried, scrambled or poached, two hash browns, baked beans, mushroom, tomato, grilled halloumi and toast. (V) (1097 kcals) **NEW Vegan Breakfast** £5.95 Quorn sausage, hash brown, beans, mushroom, tomato and toast with

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vegan spread. (691 kcals)

Breakfast Roll Toasted brioche roll from a local bakery, stuffed with bacon, farmhouse-style sausage, hash brown and sautéed mushrooms. (805 kcals)	£5.95
Add Fried Egg (98 kcals)	£1.50
Bacon Roll Toasted brioche roll from a local bakery, stuffed stuffed with grilled bacon. (391 kcals)	£3.95
Add Fried Egg (98 kcals)	£1.50
Sausage Roll Toasted brioche roll from a local bakery, stuffed with farmhouse sausage. (610 kcals)	£3.95
Add Fried Egg (98 kcals)	£1.50

PANCAKES	
Pancake Stack 4 pancakes with butter & maple flavoured syrup (V) (942 kcals)	£5.95

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V Vegetarian	(vg) Vegan

Add Grilled Bacon (90 kcals)	£2.00
LIGHT BITES	
Cereals Mixed cereals available. (V) (Ask a team member for calorie information)	£1.95
<b>Toast</b> Butter and preserve. (V) (580 kcals)	£2.95

SOFT DRINKS	
Orange Juice (V) (42 kcals)	£1.95
Apple Juice (V) (42 kcals)	£1.95

HOT DRINKS	LAVATTA TORINO, ITALIA, 1895
Americano (3 kcals)	£2.89
Latte (76 kcals)	£3.49
Cappuccino (76 kcals)	£3.49
Flat White (76 kcals)	£3.59
Espresso (3 kcals)	£1.99
Double Espresso (6 kcals)	£2.89
Mocha (153 kcals)	£3.49
Hot Chocolate (175 kcals)	£3.59
Deluxe Hot Chocolate (389 kcals)	£4.49
Teas (74 kcals)	£2.29
Speciality Teas (0 kcals)	£2.29
Iced Latte (77 kcals)	£3.49
Iced Latte Vanilla (111 kcals)	£3.99
Iced Latte Caramel (110 kcals)	£3.99

