

# RSPB Medmerry

## Finding your way around

Visiting Medmerry is an adventure. There are long footpaths and cycle tracks that are open at all times, for you to wander as you choose.

Bring a picnic on warm days – there are lots of places on the beach and the new floodbanks to enjoy it. Relax on one of the specially-created viewing mounds for far-reaching views and to watch the wildlife around you.

If it's too cold to sit still, wrap up warm for a tingling walk: let the bracing breeze rushing off the Solent blow away the cobwebs! Then head into Selsey or to one of the local pubs to warm up with hot food.

We want to make sure that you (and all our visitors) have a great time at RSPB Medmerry and enjoy your visit. To make the best of your day and to help the special wildlife here, please follow this advice as you explore:

**Strictly no unauthorised motor vehicles** (including motorbikes and minibikes) are allowed on the reserve or paths.

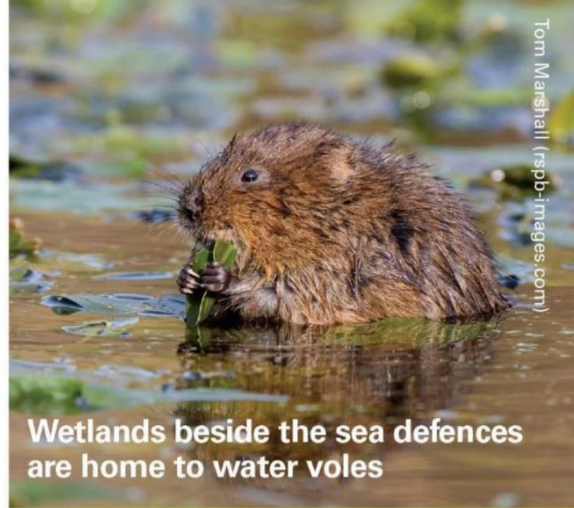
**Horse riders and cyclists:** Horse riding and cycling is welcome on the reserve – please keep to the bridleways and cyclepaths, leaving footpaths clear for pedestrians. Riding and cycling is not permitted on the flood bank itself.

**Stay safe:** please take care as you move around the site. The beach changes with every tide so be aware

of exposed objects, areas of soft mud and cliffs. Do not enter tidal areas, as the mud and fast flowing water are dangerous. **Please don't attempt to cross the breach.**

**Dog walkers:** please stay on public and permissive rights of way and keep your dog under close control. For safety, dogs must be on leads around grazing livestock.

Please don't let your dog chase livestock or wildlife, or foul paths or car parks. If they are caught short, please clean up after them. Thank you.



Wetlands beside the sea defences are home to water voles



If you're lucky, you might glimpse an adder in the grass

