

LOCH & QUAY

RESTAURANT, BAR & TERRACE

Rise &
Shine

Big Breakfasts

Full Scottish Breakfast (781kcal) 6.95
Smoked bacon, Lorne sausage, haggis, your choice of fried, poached, or scrambled egg, baked beans, potato scone, half tomato, and a mushroom.

Big Full Scottish Breakfast (1462kcal) 11.95
Go big with two rashers of smoked bacon, Lorne sausages, haggis, your choice of fried, poached or scrambled eggs, two potato scones, half tomato, mushroom, and toast.

Vegetarian Breakfast (v) (758kcal) 6.95
Grilled halloumi, your choice of fried, poached or scrambled eggs, baked beans, potato scone, half tomato, and a mushroom.

Vegan Breakfast (vg) (487kcal) 5.95
Two Quorn sausages, potato scone, baked beans, grilled tomato, and mushrooms.

NEW Avocado Sourdough (v) (596kcal) 7.95
Hummus and avocado on toasted sourdough bread, topped with poached eggs, spicy tomatoes, coriander and lime.

Eggs on Toast (v) (683kcal) 3.95
Toasted granary or traditional white farmhouse topped with your choice of fried, poached or scrambled eggs.

Beans on Toast (v) (721kcal) 3.95
Toasted granary or traditional white farmhouse topped with baked beans.

Extra Items

Potato scone (129kcal), baked beans (92kcal), mushroom (49kcal), tomato (67kcal). 1.25 each

Smoked bacon (72kcal), haggis (158kcal), Lorne sausage (253kcal), fried, poached or scrambled egg (102kcal) 1.50 each

Pancakes

Stack of five pancakes topped with:

Sticky maple syrup (582kcal) 5.95

Sticky maple syrup & streaky bacon (671kcal) 6.95

Kids' Breakfasts

Sandy's Breakfast (541kcal) 3.95
Pork sausage and beans on toast.

Pancakes (371kcal) 3.45
Two pancakes drizzled with sticky maple syrup and Nutella.

Filled Rolls

Bacon, Lorne Sausage & Egg (775kcal) 5.95

Bacon & Egg (523kcal) 4.25

Lorne Sausage & Egg (632kcal) 4.25

Lorne Sausage (556kcal) 3.95

Bacon (447kcal) 3.95

Two Quorn Sausages & Egg (v) (372kcal) 4.25

Fried Egg (v) (379kcal) 2.95

Light Bites

Toast & Preserves (580kcal) 2.95
Toasted granary or traditional white farmhouse bread served with preserves and butter.

Kellogg's Cereal Box (279kcal) or Weetabix (152kcal) 2.25
Served with fresh milk.

Scottish Porridge Oats (379kcal) 3.95
With honey and banana.

Coffee

LAVAZZA
TORINO, ITALIA, 1895

Latte (76kcal) 3.49

Cappuccino (76kcal) 3.49

Americano (3kcal) 2.89

Flat White (76kcal) 3.59

Mocha (153kcal) 3.49

Espresso (3kcal) 1.99

Double Espresso (6kcal) 2.89

Iced Latte (77kcal) 3.49

Caramel Iced Latte (110kcal) 3.99

Vanilla Iced Latte (111kcal) 3.99

Tea & Hot Chocolate

Tea (74kcal) 2.29

Speciality Tea (0kcal) 2.29

Hot Chocolate (175kcal) 3.59

Deluxe Hot Chocolate (389kcal) 4.49

The nutritional values provided are for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices. 2,000 calories a day is used for general nutritional advice, but calorie needs vary. Additional nutritional information is available upon request.

gfo – Gluten free option available.

v – Vegetarian. vgo – Vegan option available.



A full list of allergen information is available, please ask your server for information. We cannot guarantee an allergen-free environment or products. Prices are in pounds sterling and include VAT. This menu may be available for limited periods and all dishes are subject to availability. We strive to offer suitable alternatives where possible.