

## Starters

**Soup Of The Day** (VG) (GFO) £6.50

Served with toasted sourdough

**Salt & Pepper Squid** £9.00

Battered squid in a salt and pepper coating. Served with a sweet chilli sauce

**Sticky BBQ Belly Pork** (GF) £9.00

BBQ pork belly served with Asian slaw, and mixed sesame seeds

**Pan Fried Scallops** (GF) £10.00

Cornish pan fried scallops served with butternut squash puree, and a roasted cauliflower and caper dressing

**Nachos** (V) (GF) £10.00

Tortilla chips topped with melted cheddar and mozzarella, tomato salsa, jalapeño peppers, guacamole and sour cream

Add beef brisket £2.00

**Garlic & Chilli Prawns** (GFO) £10.00

Served with local sourdough bread

## Pasta & Salads

**Chicken & Chorizo Pasta** £16.00

Pan fried chicken and chorizo in a pesto cream sauce with penne pasta, rocket and parmesan

**Mediterranean Vegetable Pasta** (V) (VGO) £13.00

Roasted peppers, onion and courgette in a pesto and olive oil dressing with penne pasta and rocket

**Caesar Salad** (GFO) £11.00

Gem lettuce, anchovies, parmesan and garlic croutons

Add chicken & bacon £4.00

(V) - VEGETARIAN (VG) - VEGAN (VGO) - VEGAN OPTION

(GF) - GLUTEN FREE (GFO) - GLUTEN FREE OPTION

There is a possibility of nut traces in all our dishes. If you require any information on the allergens in any of our dishes, please ask a team member who will be able to assist you with your choice.

# THE TERRACE

AT GWEL AN MOR

## DINNER

### From The Sea

**Roasted Cod Fillet** (GFO) £20.00

Served with hispi cabbage and smoked pancetta, finished with a Cornish mussel and curry emulsion

**Catch Of The Day** £POA

Please ask a member of the team

**Cornish Beer Battered Haddock** £16.00

Cornish offshore beer battered haddock, served with skin on chips, pea purée and tartare sauce

**Fishless Fish & Chips** (V) (VGO) £16.00

Fish free fillets coated in a salt and vinegar batter, skin on chips, peas and a vegan tzatziki

### Pizzas

12" stone baked base with tomato sauce, cheddar and mozzarella

**Margherita** (V) (VGO) (GFO) £14.00

Sun blushed tomatoes and rocket

**Hawaiian** (GFO) £15.00

Classic ham and pineapple

**Tandoori Chicken** (GFO) £16.00

Tandori chicken, mixed peppers, red onion mint and cucumber yogurt

**Meaty** (GFO) £16.00

Spicy beef, salami, pepperoni, chorizo and sausage

**Prawn, Pesto & Chilli** (GFO) £17.00

Tiger prawns, basil pesto and red chilli

**Pulled Beef Brisket** (GFO) £17.00

Pulled beef brisket, mixed peppers, gherkins and burger sauce

**Vegetable Medley** (GFO) £15.00

Peppers, sundried tomatoes, courgette and red onion

## From The Land

All burgers are served on a brioche bun, with red cabbage slaw and skin on chips

Upgrade to sweet potato fries £1.50

**Double BBQ Bacon Burger** (GFO) £18.00

Two 4oz chuck steak burgers with cheddar cheese, bacon, gem lettuce, gherkins and BBQ sauce. Topped with beef brisket

**Classic Cheeseburger** (GFO) £14.00

4oz chuck steak burger, cheddar cheese, gem lettuce, gherkins and burger sauce

**Piri Piri Chicken Burger** £14.00

Chicken breast marinated in a piri piri seasoning, gem lettuce and a jalapeño mayonnaise

**Bangkok Bad Boy Burger** (VGO) £14.00

Chickpea, sweetcorn, red pepper, carrot and soya bean patty in a red lentil, cumin and black onion seed crumb, gem lettuce and a vegan tzatziki

Add bacon, cheddar or Cornish blue cheese £1.50

**Gammon Steak** (GFO) £16.00

Westcountry 8oz gammon steak topped with a fried egg and roasted pineapple, served with skin on chips and peas

**8oz Handcut Westcountry Rib Eye** (GFO) £28.00

Hand cut local rib eye steak served with skin on chips, battered onion rings, vine roasted cherry tomatoes & portobello mushroom

Add pink peppercorn or a Cornish blue cheese sauce £2.50

## Sides

**Skin On Chips** (V) (VGO) (GFO) £3.50

**Sweet Potato Fries** (V) (VGO) (GFO) £4.00

**Battered Onion Rings** (V) £3.50

**Cornish Marinated Olives** (VG) (GF) £5.00

**House Salad** (VGO) (GF) £3.00

**Red Cabbage Slaw** (V) (GF) £3.00

**Rustic Sourdough Garlic Bread** (V) £3.50

**Rustic Sourdough Garlic Bread** (V) with Davidstow Cheddar £5.50

