



MADE FOR LIFE
ORGANICS
CORNWALL



Drimsynic Sequoia Spa

Well-Being / Cancer Touch Therapy Treatments

located
on the
floor below
reception

Our wellness treatments provide a window of time allowing you to disconnect from daily stress and re-connect with nature and stillness.

The treatments are akin to a period of meditation, allowing the body to access the parasympathetic state. This is where the heart rate slows down and the brain is encouraged into Alpha-Theta waves. This prompts the mind and body into a 'state of allowing' so that body and mind re-connect. This time allows rejuvenation on all levels – mind, body and spirit – including a natural boost to immunity.

The 100% certified organic wellbeing preparations used bring you back to nature and enhance the re-connective experience through their familiar aromas and soothing textures.

These well-being treatments are suitable for most people and have been modified to also be suitable for people being treated for or living with cancer.

Hand on Heart

Back, Scalp and
Face Treatment

1 hr: £79

1 hr 30 mins: £119

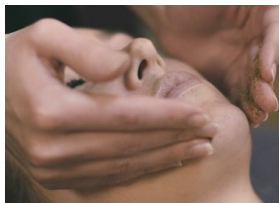
This nurturing and calming treatment for the head, face, back and shoulders was created to allow you to drift away into a meditative state of relaxation. Slow Tui Na Chinese massage techniques rebalance and calm the upper body while the facial will replenish, nourish and revive the skin and ease tension.

The ritual uses slow, soothing and rhythmic techniques providing complete tranquillity and relaxation. 100% certified organic Made for Life by Spiezia products nourish and protect.

Soothe & Nurture

Organic
Facial

30 mins: £49



A beautiful way to restore natural luminosity to the skin, leaving you looking and feeling radiant. 100% organic balms and oils will nourish and cleanse, eliminating congestion and returning natural balance to the skin, whilst deeply relaxing face and scalp massage calms the mind and soothes the soul.

Soft Touch Therapy

Arms and Hands
or Legs and Feet

30 mins: £49

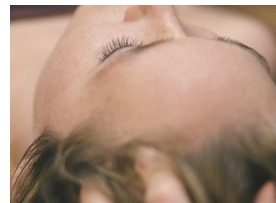


The ritual uses slow, soothing and rhythmic techniques providing complete tranquillity and relaxation on the Arms and Hands and or Legs and Feet. 100% certified organic Made for Life by Spiezia products nourish and protect.

Catch the Breath

Back and Scalp
Treatment

30 mins: £49



Gentle and rhythmic Tui Na Chinese massage techniques on the head, neck and shoulders allow you to drift away into a meditative state of relaxation. Tension is eased and a sense of wellbeing recovered.